



Nova Scotia Federation Of Home & School Associations Inc.

70th Annual General Meeting & Conference

“All For Health & Health For All”

“Take care of your body. It’s the only place you have to live.” Jim Rohn

PROGRAM

Friday, November 3, 2006

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| 5:00-6:00 p.m. | Registration |
| 6:00-6:45 p.m. | Welcome and Official Opening Greetings from our Education Partners Department of Education, The Honourable Mrs. Karen Casey , Minister of Education Nova Scotia School Boards Association – Mr. Elliott Payzant , President Nova Scotia Teachers Union – Mrs. Mary-Lou Donnelly , President Association of Nova Scotia Education Administrators – Mr. Jack Beaton , President Canadian Home & School Federation - Mrs. Georgina Allen , President |
| 6:45-7:15 p.m. | “Commercialism in Schools: Who’s Calling the Shots” Panel Discussion |
| 7:15-7:45 p.m. | “Healthy Mind. Healthy Body” Dr. Bianca Horner, Dalhousie University |
| 7:45-8:15 p.m. | Substance Use Project Mrs. Beverly Mullin, Past President NSFHSA |
| 8:15 – 8:30 | Award Presentations |
| 8:30-9:30 p.m. | President’s Reception/Visit Exhibits |

Saturday, November 4, 2006

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| 7:30 - 8:30 a.m. | Registration & Buffet Breakfast |
| 8:30-8:40 a.m. | Welcome Mrs. Janet Walsh, President |
| 8:40-9:40 a.m. | Parenting the 'Net Mrs. Janet Walsh |
| 9:40-10:10 a.m. | Nutrition Break – Visit Exhibits |
| 10:10-11:10 p.m. | Networking |
| 11:10-12:30 p.m. | Annual General Meeting |
| 12:30-1:30 p.m. | Lunch Buffet – Visit Exhibitors |
| 1:35-2:05 p.m. | Workshop A: Shine! Celebrating Human Diversity Mr. Ray Johnson, Ms. Alice Bent (SSRSB) Workshop B: Healthy Homework Strategies Ms. Kelly Fraser (Sylvan Learning) |
| 2:10-2:40 p.m. | Workshop C: Promising Practices for Healthy Eating Ms. Shelley Moran (Nutritionist) Workshop D: Food Safety and Preparation Mr. Vic Schwartz (Food Safety Specialist) |
| 2:40– 3:00 p.m. | Nutrition Break |
| 3:00–3:30 p.m. | Health Promoting Schools Mr. Charles Williamson & Ms. Shelley Moran (Active Healthy Living Consultant, SSRSB/Nutritionist) |
| 3:30–4:00 p.m. | Wrap-up, Evaluation, and Draws |

ACCOMMODATIONS

Wandlyn Inn, Bridgewater, has reserved rooms at the Conference rate of **\$64.99** (1-4 people/room). This price is in effect until **October 20th 2006**. Book early while rooms are at this special rate. Call (902) 543-7131 and **tell them you are attending the NSFHSA AGM & Conference**.